

## Virtual Fracture Clinic – Parent information leaflet

Following your child's injury they have been referred for an Orthopaedic opinion.

The Orthopaedic team in our Virtual Fracture Clinics review cases by looking at your child's X-rays and medical notes.

**You do not need to attend the hospital for the assessment to take place.**

**A clinician will telephone to discuss treatment and management.**

Following the phone call, you may be given advice over the phone and your child may be discharged. If they require further specialist help you may be asked to attend the hospital on a different day for a face to face consultation or may be referred to our Specialist Physiotherapy team.

**Please make sure you have given a working telephone number to the hospital, before leaving today.**

You will be called on \_\_\_\_\_ between 9am and 2pm. We cannot give you a more specific appointment time.

If you are not available on the telephone a message will be left where possible.

If you do not hear from the Orthopaedic team please call 0141 452 4129.

### **FAQs:**

- *"The cast is broken / wet / too tight"*  
**Please contact plaster room on 0141 4524129**
- *"I think there is a problem with the cast / under the cast"*  
**Please contact plaster room on 0141 4524129**
- *"My child/family is self isolating – can the appointment be delayed until self isolation is finished?"*  
**Please contact orthopaedic secretary on 0141 4516561**
- *"I think my child is fine now, and does not need an appointment at all."*  
**Please contact the orthopaedic secretaries on 0141 4516561**

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### Use of removable splints and softcast plaster:

Removable splints and softcast plasters can be removed by parents and therefore save a family a return visit to hospital for plaster removal.

During the coronavirus outbreak we will be using removable splints and softcast plasters whenever possible.

The fracture clinic staff will explain when/how the splint is removed.

If you have any difficulty removing a splint or softcast plaster then please contact plaster room on 0141 4514129



Please scan this QR code to see a youtube video on how to remove your child's plaster cast.

<https://www.youtube.com/channel/UCx1ukQoeguJLX3TCBemnQ-g>

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### Physiotherapy follow up:

If the follow up arrangements for your child's injury are to be with the physiotherapy team then they will contact you directly to arrange this.

The time frame for this call will be determined by the type of injury your child sustained and you will be informed of this by the team treating your injury in the emergency department.

**If you have any concerns in the interim then please contact the physiotherapy musculoskeletal team on 0141 4524805**

Department of Orthopaedics  
Royal Hospital for Children  
Glasgow