

Name:
DOB:
CHI:
Address:

Postcode:
(Or affix patient Label)

Gestation:

Time of Birth:

Birthweight:

(kg)

Time of First feed:

Chart Commenced:

Indication for hypoglycaemia monitoring	Tick If Present	Give detail of each indication			
Intrauterine growth restriction <2 nd centile for sex and gestation If Birthweight is less than the defined threshold by sex and gestation of birth in weeks baby requires monitoring		Please tick	Gestational age	Boys weight	Girls weight
			37	2.1 kg	2.0 kg
			38	2.3 kg	2.2 kg
			39	2.5 kg	2.45 kg
			40	2.65kg	2.6 kg
			41	2.8 kg	2.75 kg
			42	2.9 kg	2.85 kg
Maternal Diabetes		IDDM / Gestational			
Macrosomia ≥ 4.5kg		Weight - (kg)			
Preterm infants (<37/40) *Please use hypoglycaemia in the premature infant guideline		Gestation - (Weeks) (days)			
Birth Asphyxia – prolonged resus or cord pH <7.0		Cord H ⁺ (Y/N)	Cooled -		
Hypothermia (persistent) - ≤ 36.5 ° C		Temp -	(°C)		
Maternal beta blocker in the 3 rd trimester (e.g. labetalol, atenolol, propranolol)		Drug(s) -	Dose - No of Doses -		

Pre Prescription of 40% Glucose Gel

The indications for glucose monitoring have been discussed with the family
Information Leaflet provided

Date Prescribed by Signature

Glucose Gel Dose	Date	Time	Name and Signature

Dose 1: Medical team informed Time..... Date.....

Dose 2 (if required): Medical team informed Time..... Date.....

Feeding Preference: Breast / Formula

Age -Hrs	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Age - mins																								
Date																								
Time																								
Blood Glucose																								
Glucose																								
Breast Feed (minutes)																								
EBM (mls)																								
Formula (mls)																								
Glucose gel given?																								
4.0 -																								
3.5 -																								
3.0 -																								
2.5 -																								
2.0 -																								
1.5 -																								
1.0 -																								
0.5 -																								
0.0 -																								
Sign/ Initial																								

Signs and Symptoms of Hypoglycaemia in the Neonate

Hypoglycaemia may present in a number of ways within the first 48 hours of life. These include;

- Hypotonia
- Lethargy (excessive sleepiness with or without abnormal tone)
- Poor feeding
- Hypothermia
- Apnoea
- Irritability
- Pallor
- Tachypnoea
- Tachycardia or bradycardia
- Seizures
- Abnormal feeding behaviour (not waking for feeds, not sucking effectively, appearing unsettled and demanding very frequent feeds especially after a period of feeding well)

This list is not exhaustive. Medical review should be obtained for any generally unwell infant.