

# Weight Faltering Pathway

Growth and Nutrition Advisory Service June 2024

Infant identified as weight faltering according to NICE 2017 Weight Faltering guidelines  
<https://www.nice.org.uk/guidance/ng75>

HV/FN deliver universal pathway. Full feeding history, relevant medical information, feeding diary, review of weight with length and head circumference. Implement feeding plan

**Exclusions – if the child is under review of paediatrics or dietetics (unless GNAS review is requested directly from these services)**

Child possibly medically unwell?

Yes

Refer to GP

No

Is the child breastfed & under 6 months old?

Yes

- History taken
- Feed observed
- Care plan implemented
- Plan reviewed

No

HV/FN to undertake full assessment and care plan, add significant event for weight faltering and allocate HPI to additional. Complete referral form and feeding diary. Refer to GNAS, send task via EMIS  
[EMIS Referral Process](#)

Growth and Nutrition Advisory Service to review referral, feeding diary, care plan & growth data at weekly MDT on Thursday morning and advise referrer on outcome

HV/FN continue to review child's plan and update GNAS on progress via EMIS task: C&F Growth & Nutrition Team

Yes

Update GNAS

No

Discuss with GNAS and consider GP review

Any improvement?

No

If no improvement contact infant feeding advisor via email.  
[Breastfeeding.Clinic@ggc.scot.nhs.uk](mailto:Breastfeeding.Clinic@ggc.scot.nhs.uk)  
BF clinic appointment to be arranged. Also consider GP review

Follow plan from Infant Feeding Team

Any improvement?

Yes

Update Infant Feeding Team

Consider contacting Child Protection Team if concerned

Consider the [Complex Care Needs Protocol](#)